

## Authorization to Use and Disclose Protected Health Information (PHI)

Client Name	Client Date of Birth
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Client Address \_\_\_\_\_

Client Phone Number \_\_\_\_\_ Client Email \_\_\_\_\_

I, \_\_\_\_\_, hereby authorize the release of health care information BETWEEN:  
(name of client or client representative)

**Fred Matheson, MA, LMHC** of A Vagabond's Journey Counseling  
(a Licensed Mental Health Counselor in the State of Washington)  
19504 8<sup>th</sup> Ave NW, Shoreline, WA 98177  
206-569-4937

**AND:**

Name and Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ FAX: \_\_\_\_\_

**By signing this Authorization, I authorize the use and disclosure of the following health information:**

- All Health Information about me, including my clinical records.
- Specific Health Information *including only*:
- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Intake Evaluation         | <input type="checkbox"/> Discharge Summary      | <input type="checkbox"/> Crisis Plan    |
| <input type="checkbox"/> Psychological Evaluations | <input type="checkbox"/> Progress Notes         | <input type="checkbox"/> Treatment Plan |
| <input type="checkbox"/> Medical History           | <input type="checkbox"/> Diagnosis Summary      | <input type="checkbox"/> Medications    |
| <input type="checkbox"/> Medical Diagnosis         | <input type="checkbox"/> Billing/Financial Info |   |
- Other: (specify) \_\_\_\_\_

**For the purpose(s) of:**  Continuity of care  Client request  Disclosure for legal purposes  
 Other: \_\_\_\_\_

**This authorization ends: (check one box)**

- in one (1) year  ninety (90) days from termination of the counseling relationship

**I UNDERSTAND AND ACKNOWLEDGE THAT:** My records may contain information related to my mental health; my written consent is required to release any health care information related to testing, diagnosis, and/or treatment for HIV (AIDS virus), psychiatric disorders/mental health, and/or drug and/or alcohol use unless otherwise allowed or required by law; this authorization prohibits further use of disclosure of the information being released beyond the specific limits of this consent; I may refuse to sign this authorization or revoke authorization in writing at any time, except to the extent that the action has already been taken in reliance of it; information used or disclosed pursuant to this authorization may be subject to re-disclosure by the recipient of my information and no longer protected by this provider, office, or HIPAA regulation; and commencement, continuation, or quality of treatment will not be conditioned on whether I sign this document except insofar as PHI is necessary to assessment report, or treatment contemplated by this authorization. However, failure to sign here may result in a denial of insurance benefits by your insurer. PHI may be conveyed in writing, fax, or verbal/telephone communication. I have received a copy of my signed authorization.

I hereby release the provider and recipient of my PHI from any and all legal liability that may arise from the use and disclosure of information as set forth in this Authorization.

\_\_\_\_\_  
Signature of client or legally authorized representative                      Date                      Time

\_\_\_\_\_  
Relationship if signed on behalf of the client by parent, legal guardian, personal representative, etc.